
WELCOME TO THE

A stylized graphic of green reeds or grasses, rendered in a dark green color, positioned on the right side of a light green rectangular background. The reeds are depicted with long, slender blades and some curved stems, creating a sense of movement and natural texture.

GREEN
REED
SPA

OASIS IN THE DESERT



DISCOVER

A world class facility with a high desert heart: earth is reflected in sandstone walls, sky is reflected in dramatic skylights. Situated at the base of the Sandia Mountains with expansive views of the river valley below, discover the Green Reed Spa's serenity and luxury unlike anything else in New Mexico.

IMMERSE

Fourteen distinctive treatment rooms, vichy rain showers, soak tubs, private couple's suite, and a tranquil indoor/outdoor relaxation and meditation room. Men's and women's amenities feature hot and cold plunge pools, steam rooms, dry saunas, and private guest lockers. A shared lounge area offers space for quiet conversation, peaceful contemplation, and healthful nourishment. Immerse yourself and find balance, clarity, and calmness.

EXPERIENCE

Distinctive and regionally inspired treatments allow for complete immersion in the high desert. Experience signature services performed with the purest indigenously harvested ingredients available: lavender, prickly pear cactus, honey, rosemary, and sage. Or choose a botanically inspired service using the finest plant based organic products available.

TRANSFORM

Restore and transform your body, mind, and spirit: your journey is just beginning. Green Reed Spa signature products are available to extend the benefits of your treatments.

MASSAGE

BALANCE SIGNATURE MASSAGE \$90/\$120/\$175

Light to medium pressure - 45/60/90 minutes

This relaxing full body massage is designed to dissolve tension and restore the body and mind. Our hydrating signature blend of oil promotes healthy immune function and reduces stress. Heated linens are applied to the back and neck to deepen your relaxation.

BALANCE DELUXE MASSAGE \$210/\$240

Light to medium pressure with enhancements - 90/120 minutes

Enjoy our Balance Signature Massage with the addition of two enhancements. Choose from our foot treatment, back restore and scalp massage.

CUSTOM THERAPEUTIC MASSAGE \$140/\$195

Firm to deep therapeutic pressure - 60/90 minutes

This massage is designed to target areas of tension or pain and facilitate relaxation and relief. Heat therapy and soothing herbal muscle salve with arnica may be used to help release affected muscles.

HOT STONE MASSAGE

\$155/\$195

Medium pressure and heat therapy 60/90 minutes

A deeply relaxing and grounding experience. Heated river stones are used in combination with fragrant lavender oil for a therapeutic full body massage that is profoundly calming and peaceful.

PRE NATAL MASSAGE

\$120

60 minutes

A special, custom massage designed for moms-to-be, with focus on aching joints, tension, and relaxation for both mom and baby. Fragrance free organic oils are gentle on the body, and safe for baby. Specially designed cushions provide maximum comfort. *Please alert staff at time of booking if you have experienced any complications with pregnancy.

MASSAGE ENHANCEMENTS

SCALP MASSAGE

\$25

15 minutes

A treatment focused on relieving tension of the scalp and neck while restoring the skin and hair. Fragrant and nourishing heated oils are massaged into the hair and scalp while a neck and shoulder massage promotes relaxation.

FOOT THERAPY

\$25

15 minutes

Rejuvenate tired feet with a Turquoise Sage Salt Polish, pressure point massage, and cooling anti-inflammatory Mint and Arnica Foot Cream.

BACK RESTORE

\$25

15 minutes

Intensify the results of any massage with this back ex-foliation and detoxifying mask. Turquoise Sage Salt Polish restores and hydrates the skin. A detoxifying Rosemary Mask helps to soften tissue and prepare the muscles for effective massage.

KARUNA FACE MASK

\$25

Each mask contains an exclusive skin renewal ingredient for hydration and rejuvenation.

KARUNA EYE MASK

\$15

Moisturizing antioxidant botanicals decrease the look of puffiness, fine lines, and wrinkles by boosting microcirculation.



FACIALS

Book a Series

Choose a facial listed below and book a series of five treatments in advance.
Receive 10% off each

CUSTOM ORGANIC FACIAL

\$90/\$120

45/60 minutes

Designed to address your individual and unique skin care needs, our signature facial is customized especially for you. The highest quality of plant based organic facial products are used to cleanse, exfoliate, treat, and moisturize the skin. Extractions performed as needed. Emerge with illuminated and refreshed skin.

ANTI-AGING FACIAL

\$155

75 minutes

Reduce the appearance of fine lines and wrinkles with this vitamin and antioxidant rich facial. An organic, hydrating cleanser, masque, and moisturizer as well as an eye and lip treatment, nourish the skin and replenish vital nutrients. Combined with NuFace microcurrent technology and LED light therapy to tighten and tone the skin while reducing inflammation. Your skin will have visibly improved elasticity, circulation and hydration.

HYDRAFACIAL

\$175/\$215

45/60 minutes

The Hydrafacial® resurfacing procedure combines cleansing, exfoliation, extractions, and hydration all while simultaneously infusing the skin with peptides and hyaluronic acid. The Hydrafacial is a non-invasive procedure that delivers instant results; improves the appearance of fine lines, wrinkles, and congested pores. Excellent for any skin type.

- Basic Hydrafacial
- Deluxe Hydrafacial: Includes LED Red Light therapy and Dermabuilder protein peptides to stimulate fiberblasts and produces collagen and elastin.

MEN'S DEEP CLEANSING FACIAL

\$90

45 minutes

A facial formulated for men's skin. First, a foaming exfoliating cleanser is applied to remove impurities from the skin. Next, a custom deep cleansing and cooling masque is applied to penetrate the skin to clear pores and reduce inflammation. Then, a custom organic botanical moisturizer is selected to address any specific skin care concerns. Finally, the hands are exfoliated leaving skin renewed and hydrated.

ILLUMINATING FACIAL AND PEEL

\$110

45 minutes

The Arctic Berry Peel and Peptide Illuminating System consists of a gentle peel to target aging and hyperpigmentation. This facial is excellent for rosacea, sensitive, and acne prone skin. Deep enzymatic exfoliation, natural peeling treatment, and powerful natural peptides leave skin illuminated and radiant. Continue the treatment at home with the Arctic Berry Peel and Peptide Illuminating System kit.

FACIAL ENHANCEMENTS

NUFACE

\$25

Gentle micro-current technology tightens and tones the muscles of the face while increasing the production of collagen and elastin. The face is instantly lifted resulting in a bright, fresh, and youthful appearance.

LED LIGHT THERAPY

\$25

LED light penetrates deeply into all layers of the skin to heal and rebuild cells, reducing the appearance of fine lines and wrinkles. For best results add LED Light Therapy to each regularly scheduled facial.



WAXING

LIP	\$15
CHIN	\$15
FACE	\$65
Includes brow wax	
HD BROW	\$50
Includes brow wax and tint	
WOW BROW	\$50
Includes NuFace microcurrent treatment to tighten and tone the muscles of the brow resulting in a bright, fresh, and youthful appearance.	
BROW	\$25
BASIC BIKINI	\$45
EXTENDED BIKINI	\$55
HALF LEG	\$45
FULL LEG	\$65
BACK	\$55
FULL ARM	\$40
HALF ARM	\$30
UNDERARM	\$25

*waxing prices may vary

SOAKS

Immerse yourself in a private, jetted, therapeutic bath and enjoy the comfort and benefit of warm mineral water and aromatherapy, all while enjoying stunning views of the Sandia Mountain.

AROMATHERAPY SOAK

\$65

25 minutes

Choose desert salts or a foaming salt bath, combined with your choice of one of our Powerful Aromatherapy Essential Oils. Target tired muscles, rejuvenate the spirit, and restore the mind.

- Renew: purifying and detoxifying with rosemary, cypress, lemongrass, and ylang-ylang
- Calming and Relaxing: with patchouli, vetiver, sweet orange, clary sage and lavender
- Restore: soothing and repairing with clove, peppermint, helichrysum, lavender, and arnica flower extract

DELUXE SOAK ENHANCEMENT

\$30

25 minutes

Add a dry exfoliation and application of Jojoba body butter to any soak.

VICHY SHOWER POLISHES

Relax under the gentle rain of seven adjustable shower heads. After a therapeutic body polish to remove impurities from the skin, heated water cascades over the body, cleansing the skin and relaxing the mind. A calming and rejuvenating therapy.

VICHY SHOWER BODY POLISH

\$85

30 minutes

A true high desert experience using indigenous aromas of the desert landscape. Choose one of the following:

- Blueberry Soy Scrub
- Honey and Wild Sage Buffing Grains
- Prickly Pear Sugar Body Polish
- Turquoise Sage Desert Body Polish

WRAPS

BALANCE SIGNATURE WRAPS

\$100

60 minutes

This treatment begins with a dry ex-foliation to remove dry skin and enhance the flow of lymph throughout the body. Next, a warm therapeutic mask is applied, and layers of heated linens are wrapped securely, then a deeply relaxing scalp massage is performed. A private steam shower is enjoyed, and the treatment ends with aromatherapy and a hydrating application of Jojoba Body Butter.

HERBAL WRAP

\$75

30 minutes

Soft linens are soaked in a botanical tea made from locally harvested herbs which act as a natural muscle relaxant and analgesic. Relax in the warmth of this wrap while enjoying a scalp massage and facial sinus release massage.

PRIVATE LUXURY COUPLE'S SUITE

After your couples massage enjoy 30 minutes in our Couple's Suite featuring a private hot tub, kiva fireplace and steam shower. Followed by a complimentary glass of Wine, Champagne or Mimosa.

\$100

COUPLE'S MASSAGE

\$240/\$350

60/90 minutes

Followed by a complimentary glass of Wine, Champagne or Mimosa.

COUPLE'S HOT STONE MASSAGE

\$390

90 minutes

Followed by a complimentary glass of Wine, Champagne or Mimosa.

NAILS

MEN'S MANICURE \$25

20 minutes each

Perfect for those who want a manicure every week but can't dedicate the time. Hands are soaked, cuticles are pushed back and nails are filed. Finish with a nail buffing or polish application.

ESSENTIAL MANICURE \$45 PEDICURE \$55

30 minutes each

Begin with an aromatherapy soak for the hands and a fragrant peppermint salt bath for the feet to relax and refresh. A soothing application of lotion is applied to hydrate, soften and protect. Nail grooming and polish complete this renewal for the nails.

BOTANICAL MANICURE \$55 PEDICURE \$65

45 minutes each

First, hands are soaked in a cleansing and softening aromatherapy soak, and feet are soaked in a bright and fragrant blend. Next, enjoy a gentle exfoliation with hydrating organic Blueberry Sugar Scrub. A soothing massage is performed with vitamin rich organic Apricot Oil. Nails are finely groomed and finished with your choice of polish.

BALANCE CUSTOM MANICURE \$65 PEDICURE \$75

60 minutes each

Begin by enjoying our calming and relaxing soak. This is followed by an exfoliation. Following the enlivening exfoliation, a gentle mask is applied and warm linens are wrapped around the hands and feet. Your feet and hands are dipped in warm lavender paraffin to release tension and restore balance to the body and mind. Complete nail grooming and fresh nail polish complete the service.

PARAFFIN DIP \$15

Add a therapeutic and hydrating paraffin treatment to any nail service.

NAIL ENHANCEMENTS

SPECIALTY POLISH TOP COAT \$20

SHELLAC SOAK OFF \$15

ACRYLIC SOAK OFF AND NAIL RESTORATION \$70

POLISH CHANGE (hands only) \$15

FRENCH POLISH \$15

SALON

MAKEUP APPLICATION starting at \$75

EVENT UP-DO starting at \$65

MEN'S HAIRCUT starting at \$35

WOMEN'S HAIRCUT starting at \$65

BANG TRIM \$15

CHILDREN'S HAIRCUT 10 and under \$25

SHAMPOO AND BLOW DRY \$45

COLOR SINGLE PROCESS starting at \$100

NEW GROWTH RETOUCH starting at \$60

PARTIAL HIGHLIGHT starting at \$100

FULL HIGHLIGHT starting at \$140

HIGHLIGHTS AND SINGLE PROCESS starting at \$220

CREATIVE COLOR including Balayage, consultation required per hour \$125

SPECIALTY SERVICES

DEEP CONDITIONING TREATMENT additional \$30

DEMI-PERMANENT CONDITIONING TREATMENT \$85

Lasts for 12 shampoos

BRAZILIAN BLOWOUT SPLIT END TREATMENT starting at \$65

BRAZILIAN BLOWOUT SMOOTHING TREATMENT starting at \$220

Long Hair incurs additional cost

PERM starting at \$120

DAY PASSES

RESORT GUEST (2 GUESTS PER ROOM) \$15

NON RESORT GUEST Monday - Thursday \$40

NON RESORT GUEST Friday - Sunday \$50

Day Pass usage is based on availability.

ADVANCE BOOKINGS

The Green Reed Spa coordinators will happily assist you in scheduling the services that best fit your needs. We recommend scheduling well in advance to ensure your service, preferred time, and provider are available. Willingness to book a service with either a female or male provider will allow greater flexibility of scheduling. For reservations of groups larger than six guests, please ask for the group coordinator. Pricing and services are subject to change.

ARRIVAL

We recommend you arrive 45 minutes prior to your scheduled appointment, allowing ample time for a tour of the facilities before your treatment. We also encourage you to utilize this time to enjoy the eucalyptus steam room, dry sauna, hot and cold plunge pools, relaxation room, and co-ed lounge. As a courtesy to the next guest, should you arrive late for your treatment, the service will end on time and the full price of the service will be charged.

ENVIRONMENT

The use of our spa facilities are complimentary to guests who have a scheduled appointment. For a small fee, day passes can be purchased by anyone else. A day pass entitles guests to the use of all spa amenities: cold and hot plunge pools, dry sauna, steam room, fitness center, indoor and outdoor relaxation room, and co-ed lounge. We ask that you be mindful of the environment and speak softly while using the spa amenities. Cell phones are not permitted.

ATTIRE

Upon your arrival you will receive a spa robe and sandals to change into, and a locker to store your personal belongings. For most spa treatments it is customary to disrobe completely, however for your comfort, undergarments may be worn. Our therapist are highly trained to keep you properly draped throughout the treatment and ensure your complete privacy. Bathing suits are optional when using men's and women's amenities.

AGE REQUIREMENTS

Guests must be at least 18 years of age to utilize spa amenities and services. Salon and nail services are available to guests of all ages.

HEALTH CONDITIONS

Please inform us of any health conditions or concerns at the time of your booking, such as pregnancy, high blood pressure, heart conditions, allergies, sunburn etc. Additionally, you will be asked to complete a medical intake form upon arrival so that we can better customize your treatment to serve your needs.

PAYMENT

We require a valid credit card to schedule all spa appointments. Room signing is available for registered hotel guests. For your convenience, payment is settled upon conclusion of service; tax is not included in the price of the service, and gratuity may be added to your bill upon checkout. We regret packages and promotions are restricted from the use of discounts.

CANCELATION AND RESCHEDULING

Should you need to reschedule or cancel your appointment, please notify us at least 24 hours in advance of the treatment start time. Appointments canceled with less than a 24 hour notice or missed appointments will be charged the full service amount. Cancellation of group reservations requires a one week notice.

TOUR PHILOSOPHY

With each guest in mind, comfort and privacy is our highest priority. We regret that spa tours are not offered during business hours.

SANDIA
Resort & Casino

505.798.3980

HOURS

Spa and Fitness Facility

Sunday & Monday 9:00 am to 6:00 pm

Tuesday - Saturday 9:00 am to 7:00 pm

Treatments begin daily at 9:00 am
and end 15 minutes prior to spa closing.